

Family Together Time



God Made My Arms

Genesis 1:27; Psalm 139:13-16



God made our arms. Can you touch your arms? Where are the boy's arms? The boy is reaching high with his arms. Can you reach high with your arms? Thank You, God, for making arms.



Bible Words

"God made me"

(based on Genesis 1:27). Say these words and ask your child to point to herself. Clap hands when done and say, "Yay, God made me!"

My Arms

I open my arms, (*open arms*)
To give you a hug. (*point to child*)
God gave me arms, (*open arms*)
To hold you so snug! (*hug child*)



Clean Arms

During bath time, squeeze a little shaving cream, gel, or bath foam onto your child's arms. Let him play with the foam while you talk about how God made his arms. Ask him to reach his arms up high.



Push Toys

Get out one or more of your child's push toys. While she uses her arms to push the toy, talk about how God has given her strong arms to push the toy. Say a thank-You prayer to God for making our arms.